

Gateway School District



Martin Lorenzo
Director of Food Service
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**District Health Council Management Meeting Minutes
January 26, 2016
2:45 PM – 4:15 PM
Gateway Administrative Offices, Board Room**

1. Student Wellness Policy Review Continued

- Purpose
 - Shared verbatim from 2006 Student Wellness Policy No. 246
- Appoint a District Health Council
 - Comprised of each of following: School Board Member, district administrator, district food service representative, student, parent/ guardian, and member of the public
 - Continues to be a work in progress. Still need to get a School Board Member to officially commit.
 - Student member also still needed.
 - We're now moving on to option #3. - **GSH Guidance Counselor assisting**
- #1. Nutrition Education
 - Goal is to teach, encourage, and support healthy eating by students
 - Language Adjustment considerations:
 - Salad Bars no longer offered.
 - **Remove language**
 - More salad meal offerings taken whenever salads prepackaged
 - Address “sharing” food portion of language to accommodate sharing table protocol
 - The group as a whole saw value in the sharing table process, but many concerns were presented with a particular focus on the possibility of cross contamination issues with regards to our food allergy students.
 - Determined that safety language was needed within the policy
 - No “share table” language found in any published school district wellness policy published online. How do we move forward?
 - Also shared that locating the menus on the website was not an easy undertaking
 - A “Lunch Menu” Link has been added to the District Home Page.
 - **“New website” being developed by GSD Students. This is a result of the existing website not being “user friendly” and having “design flaws.”**

- #2. Physical Activity

- “contribute to the effort to provide students opportunities to accumulate at least sixty minutes of age appropriate physical activity on all or most days of the week.”
 - What is the current status? Are we compliant?
 - Current status indicated by New Phys. Ed Teacher participants Nicole Riley and Nicole Dunsmore on 11/5/15 is that of noncompliance for grades 7th-12th.
 - Also previously noted that there used be intramurals offered at GMS via Phys. Ed. Dept
 - **Shared that Recess at Moss Side is only 8-10 minutes in duration**
 - **Also shared that Elem. Schools recess times are schedule for 2:45pm.**
 - **Questioned, “How useful can this be at this point in the day?”**
 - Walking to school initiatives appropriate?
 - **Group shared that Monroeville is not a “side walk community.”**
 - **Therefore, walking initiatives would be an unfeasible proposition**
- “Physical activity breaks shall be provided for elementary students during classroom hours.”
 - Is this happening?
 - **Reported that this is happening in some instances, but would lack consistency**
 - Similar breaks happening with “afterschool programs?”
 - **UP Principal, Dr. Fournier shared that University Park has “Zumba” instruction incorporated into an “Afterschool Program” being offered on Mondays from 4-5pm.**

- #3. Physical Education

- Is “A local assessment system” implemented to “track student progress on Health, Safety, and Physical Education academic standards?”
 - **Will the HHFKA revised standards for Wellness Policies require this?**
 - **No further update was available from the PDE Dept. Food & Nutrition.**
- “Participation in organized sport shall not be a substitute for an organized PE class”
 - Duplicate language – **Will be removed**

- Other School Based Activities

- “students shall be provided adequate time to eat; 10 minutes sit down time for breakfast; twenty minutes sit down time for lunch”
 - Are we in compliance?
 - Discussion seems to indicate that we are not in compliance with this requirement of the policy
 - **Determine if this language will remain in the updated policy requirements and share with Administration accordingly.**
- “Food shall not be used in schools as reward or punishment.”
 - **Proposed language:**
 - **“Schools will not use food or beverages as rewards for academic performance or good behavior, and will not withhold food or beverages (including food served through school meals) as a punishment. If an individual student’s Individualized Education Plan (IEP) / 504 Plan recommends the use of food for behavior modification, a teacher may use food as a reward for that student. But, food shall be used as a last alternative for behavioral modification as part of an IEP Plan/ 504 Plan, and teachers should minimize classroom use and provide healthy food when available. Teachers shall use physical activity as a reward for academic performance or good behavior, as appropriate.”**
- “Fundraising projects submitted shall be supportive of healthy eating and student wellness”
 - Incorporate new Healthy Hunger Free Kid Act (HHFKA) of 2010 language
 - Site annual exceptions for each building (10 at GSH & 5 at other buildings)
 - **Awaiting the HHFKA revised standards to draw up new language.**

- Nutrition Guidelines

- Awaiting the HHFKA revised standards to draw up new language.
 - “Competitive foods”
 - Language revisions needed to account for “Smart Snack” component of HHFKA
 - “classroom parties” and “holiday celebrations”
 - Incorporate language to include newly recommended district, “Party Snack List”
 - Allergen control protocols must be established.
 - Suggested that maybe a one party day per month approach be taken which would limit classroom birthday party celebrations and the educational disruptions that may occur as a result

●References

- Needs updated to include HHFKA

●Wellness Policy Proposed Rule Summary

- On February 26, 2014, USDA Food and Nutrition Service (FNS) proposed regulations to create a framework and guidelines for written wellness policies established by LEAs
 - Complete Summary PDF provided.
- For School Year 2015-2016, LEAs are encouraged to continue reviewing and assessing their local wellness policies and implementing the new requirements. State agencies will be selecting between two options for the Administrative Review, and LEAs will be held accountable for local school wellness policy implementation, assessment, and public updates.
 - 2016-2017 is an Administrative Review year for Gateway School District.
 - An inquiry will need to be made to determine what “option” the PDE has selected.
 - No further update was available from the PDE Dept. Food & Nutrition.

2. Informed by Dr. Zetty on January 19, 2016 that ACSHIC will be contacting Martin Lorenzo as our Wellness Coordinator to move Wellness forward.

- No contact has yet been made

3. Allegheny County School Wellness Team Training

- Thurs, Feb 25th 9am-3:30pm at Phipps- Both Deb Yalch & Martin Lorenzo are registered to attend.

4. Adjournment - Next meeting: Tuesday, February 23, 2016

List of Meeting Attendees

Print Name	Signature	Date
Martin Lorenzo		1-26-16
Kathy Bishop		1-26-16
Sandra Bielawski		1-26-16
Cindy Capell		1-26-16
Vicki Rerko		1-26-16
Michael Matteo		1-26-16
Sharon Sonetti		1-26-16
John Fournier		1-26-16
Minerva White		1-26-16